

Appropriate for :
Infants, Young Toddlers and Older Toddlers.

Watch the Sun Sparkle



SUPPLIES NEEDED:

- Cardboard shapes
- Aluminum foil or other shiny material
- Dowel rod or hanger
- String
- Hole punch

INSTRUCTIONS:

- Cover cardboard shapes with foil or other shiny materials and punch hole in the top of each.
- Tie string to shapes and hang them from the dowel rod or hanger in a sunny window or outside from a tree or pole where they will shine in the sunlight.

What the adult can do to support learning and development in these domains:

- Position infants where they can see, react and move.
- Change the objects and their coverings to alter what the baby is looking at... faces, colors, animals, etc. Provide a wide range of things to notice.
- Blow or spin the mobile to make the shapes move and talk about how it moves.
- As the baby gets a little older move the mobile so the child can touch the shapes to make them move.
- Invite toddlers to find other shiny things on the playground and show enthusiasm for their discoveries.

Examples of language that can be used between caregiver and child:

- “Look at the shiny circle, Lucas. See it sparkle in the sun?”
- “Yes, the shiny shapes are moving. What do you think is making them move?”
- “You made the shapes move when you blew on them. Can you think of another way we can make them move?”

This activity highlights support for the following *NCFELD* domain:

Cognitive Development	Approaches to Play & Learning	Language Development & Communication	Emotional and Social Development	Health & Physical Development
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