

*Appropriate for :*  
Young Toddlers and Older Toddlers.

## Tree Trunk Walking Path



### **SUPPLIES NEEDED:**

- Tree trunk cross sections in different sizes and/or heights sanded to prevent splinters

### **INSTRUCTIONS:**

- Place the tree trunk cross sections across the playground to create a path for the toddlers to follow.
- Safety Note: Dig a small area where the tree trunks sections will sit into the ground so they will not flip and provide resilient surface in fall zone for sections more than 18 inches high.

### What the adult can do to support learning and development in these domains:

- Create mazes and obstacle courses that are age appropriate.
- Play games using directions such as stop, go, wait, etc.
- Engage in active play with the children staying near toddlers at all times. Show them new and safe ways they can move their bodies (run, walk, climb, hop, crawl, etc.).
- Do not try to make children do things they are afraid to do. Help them learn to trust their feelings about what is safe and what is not safe.

### Examples of language that can be used between caregiver and child:

- “You are taking big steps!”
- “You are following the wooden circles! Let’s wait for Joey to catch up.”
- “This one is higher than the other one. Can you hop over this one?”
- “Josh, you are behind Ashley.”

This activity highlights support for the following *NCFELD* domain:

Cognitive Development	Approaches to Play & Learning	Language Development & Communication	Emotional and Social Development	Health & Physical Development
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