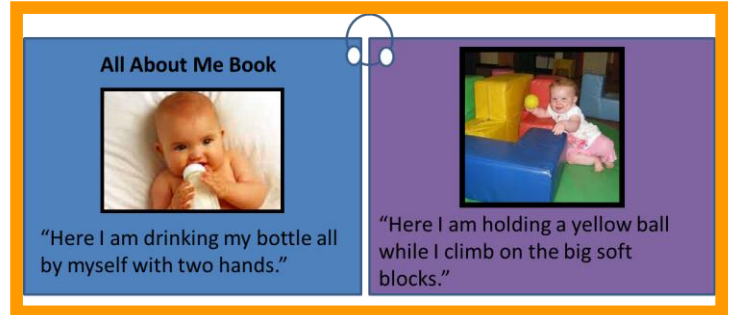


Appropriate for :  
Infants, Young Toddlers and Older Toddlers.



## All About Me Book

### SUPPLIES NEEDED:

- Access to camera and printer
- Construction paper
- Glue stick, scissors, yarn
- Lamination film or contact paper

### INSTRUCTIONS:

- Take pictures of a child participating in various activities like tummy time, napping, eating snack, drinking bottle, playing outside, building with blocks, etc.
- Print out pictures and glue them onto construction paper. Add brief descriptions.
- Laminate each page (or cover with contact paper) to prevent the pages from tearing.
- Put pages together with yarn or another binder to create a book. Create a book for each child.
- Create a book for each child. As child develops, new pictures can be added to his/her book.

### What the adult can do to support learning and development in these domains:

- Respond to child's interest in their book by talking about the pictures and "remembering" their discoveries and accomplishments.
- Cuddle with the child while reading their book. Point to the pictures as you describe what you see. Allow child time to respond in some way (smiling, babbling, gesturing, talking).
- Share the book with the child's family members to help them feel connected to their child's time in your program.

### Examples of language that can be used between caregiver and child:

- "Here you are stacking three red blocks. Do you remember what you were building?"
- "Johnny, this is you reading a book called 'Brown Bear Brown Bear'. Didn't you tell me that you read this book at home with Mommy too?"
- "You were trying so hard to climb those steps. You can do it now without my help!"

This activity highlights support for the following *NCFELD* domain:

Cognitive Development	Approaches to Play & Learning	Language Development & Communication	<b>Emotional and Social Development</b>	Health & Physical Development
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